



# h FREEMOTION



- > FMVB4909 / FMVB4920
- > whole-body vibration platform

FREEMOTION VERTEX



This FreeMotion vibration platform is an outstanding complement to any fitness facility. Whether used as a stand-alone profit center or to enhance a personal training session, whole-body vibration training can be easily integrated into any fitness program.

### **Innovative Features**

This FreeMotion vibration platform uses the highest quality materials and components to deliver optimum performance.

#### **Distinctive Design**

The distinctive styling creates a unique look that will turn heads in the facility. And, this design is durable, making it perfect for many years of use.

## Sophisticated Technology

Vibration training causes instability in the body. As a result, your muscles automatically contract at the same rate of vibration to regain stability, working more muscles in less time.

# **FEATURES AND BENEFITS**

**User-friendly Console** • Easy-to-read dials and a clear screen provide a simple-to-understand interface for the user. Electronics are designed for reliable operation under vibration.

Repeat Button > When performing exercises seated or lying on the platform, users can simply press the button on the frame to repeat the last vibration cycle

**Lower Control Buttons** > Easily control the vibration platform from these lower control buttons. You can start, stop and repeat exercises.

**Synchronized Motors** • High-grade motors are synchronized to provide precise vertical displacement for consistent vibration.

Multi-Position Grip > This easy-to-grip handlebar provides support and comfort to your workout.

**Safety Key** • To ensure your safety and the safety of others, this vibration platform only starts when a safety key is in place.

**Oversized Platform** > The oversized, rubber platform allows for more movement and a more comfortable workout experience.

> FreeMotion Vertex

MODELFMVB4909

Dimensions (LWH)

34" x 37" x 57"
(86 cm x 94 cm x 145 cm)

Product Weight

240 lbs.
(109 kg)

400 lbs.
(182 kg)

Power Requirements

110 Volt 15 Amp (220 Volt also available)

Displays

Hertz (vibrations per second) 30, 35, 40, 50 Amplitude (vertical displacement) H, L Time: 30, 60, 90 Seconds

WARRANTY

2-YEAR MECHANICAL/ELECTRICAL, 1-YEAR PARTS & LABOR

